

# Waxing Pre and Aftercare

Making sure you look after your skin following waxing is important, please read carefully below and follow these instructions of what should and should not be done.

- Avoid hot showers or baths for 24 hours
- Avoid sunbeds and direct sun for 48 hours
- Do not use swimming pools, saunas, jacuzzis or similar for 24 hours
- No perfumed products are to be used around or on the area for 48 hours
- Wait 48 hours before exfoliating your skin and make sure it is a gentle formula as something too harsh could graze the skin
- Tight, synthetic & lace clothing can irritate, try to wear cotton fabrics over the area that has been waxed
- Make sure you don't over touch the area for 24 hours, the pores are open and may draw in bacteria
- Avoid using self tanning products for 48 hours
- If an intimate wax has been performed then avoid sexual activity for 24 hours
- Moisturising and exfoliating regularly can help prevent ingrown hairs

If you have any queries please do not hesitate to contact us.

Thank you for choosing PURE Holistic Beauty for your waxing treatments....Have you booked your next appointment yet?



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